Few ProminentNew Yorkers Born in This City, Or This State

11% of State's Present Population Born in Other States 19% of Native-Born New Yorkers Migrate Elsewhere

More Come From Pennsylvania Than From Any Other State, Ferest Come From Oklahoma-Greatest Number Move to New Jersey, Fewest to Mississippi.

An Average New York City Family Moves Ten Times During Lifetime.

By Major Joseph Caccavajo, C. E.

(Consentine Engineer and Expert on Population and Statistics of the City of New York.) is rather a rare thing to find a man at the head of the great financial, commercial or political organizations in the City of New York who is a native-born New Yorker. Look over any list of prominent bankers, lawyers, doctors, engineers, editors, publishers, business men and other leaders in the important activities of the city and you will find that with few exceptions they are natives of some other State or some other country. Now, the question naturally arises, where do the people born in New York

HOW NATIVE BORN

AMERICANS MIGRATE

To and From N. Y. State.

migrate? It will be several years before the details of the 1920 census become available, but the most recent statistics on the subject show that nearly 19 per cent. of the native-born population of the State of New York removed to other States, and about 11 per cent. of our population were born in one of the other States. These figures do not include any New Yorkers who have moved out of continental United States, nor is any consideration given to either foreign-born Americans or aliens.

At a banquet of prominent business and professional men, held recently at one of the big hotels, some one remarked that the majority of those present seemed to be either from the South or from Ohio. A canvass of the room showed just one man who was born in New York City, three men were born up-State. eight were from Ohio, six from New England, four from New Jersey, three from Pennsylvania, five from the far Western States, two were toreign-born and over twenty were from south of the Mason-Dixon line. As there are no figures available which treat of the city alone, the chart of statistics given with this article deals with the State of New

The percentage tables of those who have migrated from the State in which they were born reveals a high degree of mobility among Americans, especially when it is remembered unat the census figures show only those who migrate across State lines and not those who have moved around from one locality to another in the same State. In European countries families settle in one city or district and remain there for generation after generation. Here the moving van is ten times more popular than the hearse.

A few families there may be who remain in one locality long enough to be classed as "old timers," but ten moves in a lifetime is a low average, especially in a city like New York, where people move nearly every time they get a raise or decrease in salary, even if the building they happen to be living in does not have to be torn down or the landlord does not think up a now excuse for boosting the rent. that the census figures show only

a new excuse for boosting the rent.

Of course some of the interstate migration is merely from one border city to another just across the State of nearby Jersey communities by former residents of the City and State of New York. Almost one-half of the ons residing outside of the State of birth live in States adjoining their

native State.

All of these figures of course deal only with those living at the time the census was taken. The figures from decade to decade since Colonial days wary in almost every particular. The minus and plus column on the chart indicates that the factors which influenced the migration from State to State were not evenly balanced. There is a whole lot of food for speculation as to the relative attractiveness and the whys and wherefores thereof of the movement to and from New York. A full page could be filled without trouble with reasons for the magnetic attraction of the metropolis, but to the hard and fast New Yorker the the hard and fast New 1 orker the fact that any one born here should even consider any other spot on earth anything else but a temporary place of residence may be beyond their understanding.

The facts are, however, that New Selects have been among the most

Yorkers have been among the most numerous pioneers into the great States in territories beyond the limits of the original thirteen and have contributed in no small measure to those things which made these States great. While all of the divisions east of the

Mississippi have lost more than they have gained as a direct result of an apartment and last evening of the divisions west of the river owe their growth largely to the migration of pative-born. If all the native arrive the electric lights in their

would lose nearly one-half of their that a fuse had blown out. The janpopulation.

A comparison of the figures on what
may well be termed internal immigration may not give a complete or satisfactory answer to the question propounded in the first paragraph of this
pounded in the first paragraph of this
article, but it should give some idea
of the States whose native-born have
found the attractic to fixey york
discounted their own, and it is at least
interesting to discover where and to
what degree native New Yorkershave
stablished new homes where they
could dream about the glories of the
Empire State without having to worry
about 8c. fares, grasping landlords,
or subway rushes, nor be compelled
to take visitors to the Metropolitan
Museum of Art, Coney Island, the

itor could not be found, so Mr.
Smythe went to the fuse box to see
what he could do. There he found
that the fuse for his apartment had
blown out, but that all the rest were
in working order. He looked for a
new fuse but found none.
Then it occurred to him that he
could change one of the tuses. However, that would mean that one of
his neighbors would be without light.
The people in the apartment just below that occupied by the Smythes
were out, but they would return
about 8c. fares, grasping landlords,
or subway rushes, nor be compelled
to take visitors to the Metropolitan
Museum of Art, Coney Island, the Museum of Art. Coney Island, the What would you have done?
Statue of Liberty and some of the 1. Lived in darkness for the evemillion and one other attractions ning and dismissed your guests when insist upon seeing dur- they arrived? at twenty-four hours of 2. Changed

The Day of Rest!

By Maurice Ketten













How to Reduce Your Weight Right in Your Own Home

To-Day's Exercise Reduces Accumulated Fatty Tissue at the Hips

By Doris Doscher

T HE female figure ought to have an even layer of fatty tusue all over it, but, alas! too ofter an abundance of the fatty tissue accumulates upon the hips. One reason for this is that the weight of the clothes is suspended from the upper part of the hip; another reason is the correct stays push the flesh either up under the arms or down to the lower hirs; and still another underlying cause is the pressure while genied. for long hours. As this accumulation of fat on the hips mare the appear ance of the best figure and is so prevalent, I feel certain that many of my readers who have written me a request for hip reduction will be @hoss. to follow the instructions for this lesson.

Exercises and diet have been given in this column that will bring about general reduction. Participating vigorously in the summer sports will But the after-bath rubs afford the best opportunity for molding the symmetrical lines so much admired. These various massage movements act directly upon the superficial fat, loosening and removing the fatty tissue between and upon the muscular frore. So you see that this massaging of the hips themselves is the logical means of diminishing the superabundance of fat which may have formed there. Along with these after-bath rubs those who are in my obesity class and have large hips must also pay close attention to the trunk bending, trunk circling and the leg exercise

These after-bath rubs are the most circulation, and as they follow divery stimulating effect. Let me re-peat what I have told you before that fat will not accumulate where circulation abounds; therefore let the hip rub be a vigorous massage with one sign of maturity a firm, heavy stroke. If one hip is a guard against trifle larger than the other, allow the rul figure the fat or stroke on the larger hip to be heavy vanish. Walking and on the other hip lighter.

Note that in the illustration the body is held erect with the head well rub after your built up. Maintain this position through- firm out the hip-rub. During all of these way



Our "Old Folks" To-Day Hold Their Own With Youth

By Gertrude Ruth Snyder.

Fire from the mind, as vigor from the limb; And tife's enchanted cup but sparkles near the brim. O you agree with Hyron in this sentiment?

No doubt many do. However, there surely must be others who will contend to the contrary, since there are countless "old folks" of to-day who are robbing the younger generation of prestige by proving that the years do not steal

fire from the mind nor vigor from the limb. Our American fold folks limb. Our American "old folks holding their own! They are proving the moral and inchinal efficacy of experience. They are showing us the way to happiness.

Walking is a favorite diversion of some of our older men. Edward P. Weston of Rosendale, although eighty-two years old, still walks about twelve miles daily. This aged pedestard once walked across the Contest Walking as a means of promoting health and langevity has also an ardent exponent in James A. Alkins of Montelair, who recently celebrated his eighty-second birthday. St. Taus boasts of a cilizen who tops the record. John Allbright, eighty-eight years old, walked from St. Louis to Cincinnati.

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14 D 1D you ever hear of Jim Donohue?" asked Lucile, the waitress, as the Friendly Patron picked the top of the saitshaker out of his soup.

"Don't believe so," he replied.
"Oh, you must 'a' noticed him in here. He's a big husky that eats like a horse. Well, Jim used to always do a lot of bragging about his various feats and I used to get mighty tired of it. I hadn't seen him for a week of it. I hadn't seen him for a week till yesterday, when he come in look."

"Copright, 1921, by the Press Publishing Os. (The New York Reming World)

"Our hair's getting awfully sand something happened to that Gus's salloon on the corner."

"Yes, It's an undertaking parlor of "Jolly old folks." There is Evel of the on't said. "An undertaking parlor of "Jolly old folks." There is Evel of the one when the salloon on the corner."

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"Great King Pandion is dead.

"In never heard of that King." said on ev

lot of bragging about his various eats and I used to get mighty tired of it. I hadn't seen him for a week glike the morning after.

Ill yesterday, when he come in look ing like the morning after.

"Where you been, Jim? I says. On a big drunk?"

On a big drunk?"

"Well, you look like it, you big "Well, you look like it, you big "Well, you look like it as pook like it, you big in a trolley collision. She will rebook like the last rose of Summerfield. N. J. You're all farged out and thin the face. Been hitting the deper"

"Not me,' he says.

"No? I says. Nevertheless, you to fire the like a wore out shirt. Been who will not a paragraph, she said to day the look like the last rose of Summerfield. N. J. You're all farged out and thin the face. Been hitting the doper"

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"No? I says. Nevertheless, you to give her a wore out shirt. Been who will not a paragraph, she said the find of his paragraph, she said the high cost of living or being taken into refined surroundings.

"What do I care if it all goes?" when he care if to all goes?" who have not care if it all goes?" who have leep the high cost of living or being taken into refined surroundings.

"What do I care if it all goes?" who have not care if it all goes?" who have leep the high cost of living or being taken into refined surroundings.

"What do I care if it all goes?" who have not care if it all goes?" he declared. "I have no care if it all goes?" who have not care if it all goes?" who have been surroundings.

"What do I care if it all goes?" he declared. "I have no care if it all goes?" who have not care if it all goes? "who have not care if it all goes?" when." "Who is nt." said Mr. Jarr. "he

New York, who have been partition for over fifty years. Mr. Warde's secret of bliss is "Variety may be the spice of life, but remember that made an excellent dish has been spoiled . being too spicy. Share your joys and sorrows with your wife. Make to feel she is really your life partner.

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(The New York Brening World.)

QUESTIONS.

1. In what city is the famous Wash.

Mrs. Frances M. Wright of Patchogue.

Courtship and Marriage By Betty Vincent

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FAR MISS VINCENT:

About two months ago
I met a young man
three years my senior. I am
seventeen. This young man is so
very puzzling to me that I never
know how to take him. I reminded him of this once, but he
said, 'Oh, very well, a great

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"No,' comes his rejointer.

"He don't tell me why he's looking waitress, as the Friendly Parable waitress, as the Friendl said, 'Oh, very well, a great many people have told me this. but I told all my secrets and feelings to a girl once, and she was untrue, so I'm finished with being frank with every one." Now, Miss Vincent, I like this young man and our families are very intimate. He has told me he loves me, but what do you think

If you care for him I think it is worth your while to study his disposition. From what he said in regard to being frank I judge that he has been very much hurt. Try to gain

What Would You Have Don.?

By Richard S. Uhrbrock.

of native-born. If all the native arrive the electric lights in their Americans in the country should return to the States where they were rooms went out. When they did not born, the States on the Pacific Coast come on again Mr. Smythe thought lose nearly one-half of their that a fuse had blown out. The jan-

very much and believe she cares for me. I am naturally bashful, so would you kindly advise me how to go about winning her friendship? W. H."

Find out what you have in com n. What does she read, what plays has she seen, what games does she play and what is her ambition in life? Start several good conversa-tions and before you know it you will find it just as easy to entertain this young woman as to talk to a boy pal.

"Dear Miss Vincent: I have been going with a boy for the past month. He and I are both past month. He and I are both
the same age and enjoy each
other's company immensely. One
night, however, we quarrelled
and from that time on we never
spoke. Would you please advise
me what to do?"
"HEARTBROKEN."

Remember it is the girl's place to speak first when she meet a man upon the street. Therefore instead of lookwill immediately come around.

"Dear Miss Vincent: I met a man two months ago and we love each other dearly. This man has been married some eighteen years, but his wife played him false and lives away from his home. Now this man cannot at food to see a don't you

Lucile, the Waitress By Bide Dudley

feats and I used to get mignty ...

of it. I hadn't seen him for a week

Patron.

"Read that!" ing like the morning after.

"No, he says, quiet like pital to-day. His mother was hurt them."
"Well, you look like it, you big in a trolley collision. She will rebum," I says, pleasant enough. You cover."
"Who look like the last rose of Summerfield, "Meet me on the sidewalk in an "All the same of the same of the sidewalk in an "All the same of the same of

MUSTARD.

To Remove Stains.

BOIL the table lines in water in which washing sods has been dissolved in proportion of one teaspoonful sods to one quart water, Boil until all traces of discoloration.

WHITEWASH.

Use strong vinegar.

WHITEWASH.

Use strong vinegar.

WHITEWASH.

Well show their ears, they are showing most everything else."

Don't look if it horrifes you so."

"Don't look if it horrifes you so."

If stain is fresh rub with sait, let "Don't look if it horrifes you so."

Stand a few minutes then rinse in disapposited; then rinse thory

Boil until all traces of discoloration

Boil until all traces of discoloration

Boil until all traces of discoloration

PERSPIRATION.

PERSPIRATION.

The weil show their ears, they are showing most everything else."

1. In what city is the famous observation almost cried telling me how bud busing most fire the cried telling me how bud busing most fire the cried telling me how bud busing most fire the cried telling me how bud busing most fire the cried telling me how bud busing means the cried telling me how bud busing means the cried telling me how bud busing means the cried tell

WHITEWASH.

The Jarr Family By Roy L. McCardell

"No?" I says. 'Nevertheless, you "They's a certain fool waitress I ing their ears covered—men might as he had "The look like a wore out shirt. Been know who wants you to give her a well do it at that. These days nobody places! good swift kick."

asks one to have a —, oh, well, asks one to have a ---, oh, well, never mind!"

Well, if you are interested, I'll tell you that the style of covering the ears is going out. Ears are coming in again." "Ears are coming out again, you

should say," Mr. Jarr retorted. "Well, not that I care. The women might as